

POET

2020-2021



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# P rincipal's Words



The teachers and administration of Pui Ying Secondary School are committed to providing quality education to our students. In addition to challenging students academically, Pui Ying facilitates a supportive learning environment for students to grow into knowledgeable and productive citizens with high integrity.

With the support of dedicated teachers, parents and alumni, students receive ‘applied’ learning opportunities outside of the classroom. At our English Learning Centre, students participate in English games such as tongue twisters, vocabulary games and pop song singing. Outside of campus, some of our students joined a 3-week overseas study tour of the U.K. in which students learned about British culture and used their spoken English in real life daily experiences.

Pui Ying also offers a publication called ‘PY Post’ which is a great opportunity for students to present their best classroom works. Each PY Post contains a variety of writing genres including newspaper articles, personal journals, pop-culture reviews and book reports. By participating in PY Post, students experience the full writing process by working with the teacher in the planning, drafting and editing phases of completing a finished product. Students and teachers are both proud to see the quality of work. Students gain a real boost in confidence when they see their finished products in a printed magazine.

All in all, I am looking forward to seeing the printed final product of this PY Post. I will add it to my collection to be cherished for years to come while also looking forward to reading the PY Post of 2021-2022.

# ENGLISH Learning Centre

Let's take a look back at some of the ELC activities at Pui Ying for the school year 2019-2020. Although it is sad to think of the months during the lockdown in which we were not able to converse with our students in person, it is nice to remember some of the happy ELC memories.

Here are some highlights to remember:

## 1. Speaking English is Fun at ELC Tongue Twister Challenge!

On September 18th, the students rose to the Tongue Twister Challenge and earned smiles, yummy snacks and drinks while practising English at the same time.

During lunch hour when many students play sports or relax and enjoy their lunch, over 20 PY students bravely overcame the fear of speaking English while moving through 3 levels of English pronunciation difficulty.

The activity was hosted by the English Department teachers Ms. Shum, Ms. Au Yeung, Ms. Lim and Mr. Emond.

## 2. Students at Pui Ying Learn English Through Singing Songs by The Beatles



September 25th: During lunch break, over 40 students joined the 'PY Cafe' to relax in an English environment, enjoy coffee and sing songs by The Beatles including 'Hey Jude' and 'I Wanna Hold Your Hand.'

While at first, most students seemed shy, eventually their bravery took over as they grew confident to sing; we even had some volunteer solo singers such as Ken Chan, Martin Cheng, Ian Chan, Ben Yu and Kenny Cheung.

This month's 'PY Cafe' was hosted by Mr. Emond and Ms. Shum. It was a great time with the students.

## 3. Learning English Through Drawing Pictures

Incorporating the arts can be an excellent way to reinforce new vocabulary and spelling by activating the 'visual intelligence' of our students in a tactile learning situation.

For the November ELC Activity, the English Department held a Pictionary Game that encouraged students to memorize popular English vocabulary through drawing pictures



and guessing the vocabulary. Once the guess was correct, the student would collaborate on the correct spellings by parsing the syllables and pronouncing the phonetic sounds with their teachers and peers.

The students enjoyed interacting with the teachers and showing off their artistic skills. In addition, the students seemed proud of their work, especially when they were able to figure out the spellings of multisyllabic words. Students were also able to explore vocabulary related to their personal interests such as Marvel Comic Heroes, Sports and Animals.

#### 4. Riddles

Have you heard of Batman? Have you heard of the Joker? How about 'The Riddler' ?

October's ELC activity was a big success as many students joined to solve riddles and practise their English.



The activity saw eager students move through three levels of difficulty as they solved riddles and earned chocolates and candies. It was great to see students working with their friends to solve problems and discuss possible solutions to mind-bending riddles.

While the first level of difficulty was basic, by the last table, the riddles were even difficult for the teachers. Yet, the students did not give up and were able to solve these problems together. Moreover, solving English riddles also proved to be a great chance for students to practice and improve their English pronunciation as the students had to communicate their answers in clear English in order to earn their prizes.



#### 5. Other highlights:

In addition to the above, ELC also held fun activities such as: pop song singing, Christmas carol singing, and 'real coffee with chocolate and free chat.'

#### Real Coffee and Chocolate Free Chat

The English department is looking forward to developing the ELC activities further in the coming school year. Stay tuned for more!





# The English Immersion Programme

Last summer, some students of Pui Ying took a bold step forward to pursue their dreams by joining the English Immersion Programme. They all understood that English was a prime factor for success. They fully immersed themselves in England by speaking in English each day.

The English Immersion Programme at South Essex College in London began on 6th July and ended on 27<sup>th</sup> July, 2019. We spent about 10 days at South Essex College for the English Summer Programme and went sightseeing in England and Scotland from 19<sup>th</sup> July onwards. There were 7 participants in this trip, including one Form Four student and six Form One students. The escort teacher was Ms. Lim Lai King.

After a 16-hour flight, we arrived at Gatwick Airport in London at 7 am on Sunday morning. We waited for 2 hours to meet up with our course mates from Guangzhou Peiying Middle School. Then, all of us took a coach to our

accommodation in England,

The Park Inn Hotel at Southend-on-Sea. We had a late buffet lunch in an Asian restaurant at 2 pm and then went back to the hotel to unpack our luggage and get ready for school on Monday.

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On Monday 8<sup>th</sup> July, we went to South Essex College at 9 am in the morning after a nice buffet breakfast. After meeting the College staff and course lecturers, we had a brief introduction about the summer school programme. Then, all of us did a screening test about our English level. After that, we were led by our course co-ordinator, Mr Richard Li, to have a tour around the school campus, including the Learning Resource Centre, College café and sports ground. After lunch, we had registration at reception, got our college identity card and password for the Computer lab. Then, a group photo was taken together. At 4 pm, we visited the town centre to buy groceries.

\*\*\*\*\*



Feeling the aroma of the world-reputed Oxford University



Preparing for our Team's final performance at the Certificate-Presentation Ceremony in the Theatre

# at South Essex College in London



On the second day, 9<sup>th</sup> July, the course commenced with a talk about “Safety and Security-Visiting the UK”. It was hosted by a British police officer who showed us his uniform, equipment and duties in town. We were all so excited about it. Some of us put on his helmet and even tried the handcuffs!

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In order to let students know more about the city, the Treasure Hunt was launched on the third day, 10<sup>th</sup> July. It was very challenging for each team of 5 students as we had to do map reading, follow the 10 instructions listed about each place and finally answer a question given by our accompanying tutor. We must find the clue before moving to another checkpoint. All of us had a bright start and we managed to get back to the College in time. The whole activity lasted for 3 hours. Tom Lee Yui Nam’s team got the Treasure Hunt Award.

\*\*\*\*\*

Our learning activities in the College were in many folds: role-playing games, making presentations, playing drama games, spelling games, board games, film shows, fun with pizza & dessert making, basketball training, doing project (a leaflet), preparation for performance in the Graduation ceremony and so on. On 18<sup>th</sup> July, at the Certificate-presentation Ceremony, we put on a short play, did solo verse speaking and sang a song. Lastly, all the participants of the Summer English Immersion programme were presented a Certificate for completion by the Principal of South Essex College, Ms. Angela O’Donoghue

CBE. Among our schoolmates, Rex Tam Wing Lok, Bosco Cheng Chung Hin and Tom Lee Yui Nam were presented the Award for Efforts in the coursework.

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On the first weekend, 13<sup>th</sup> July Saturday, we went sightseeing in London by train and underground. We went to the most popular scenic attractions such as the British Museum, St James’ Park, China Town, the Art Galleries and London Eye. The weather was so hot that we all looked for cold drinks at London Eye because we had to queue for 2 hours before boarding the Ferris wheel. We all found the lemonade and frozen milkshake most satisfying!

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Besides, we had a warm greeting and dim-sum lunch treat in ChinaTown by our school’s alumnus, Mr. Lee. The food was so yummy indeed!

On Sunday, we visited Royal Greenwich



Dining at a classical Chinese restaurant in Oxford University

Observatory and went shopping on Oxford Street and Regent Street in the afternoon.

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In the second week, on Monday 15<sup>th</sup> July, we had the honour to visit the Mayor Porters Civic House & Mayor’s Parlour. All of us had a better understanding of the Mayor’s duties and the city, Southend-on-Sea. We had a group photo after giving some souvenirs to the Mayor at last.

\*\*\*\*\*

For our sightseeing tour from 19<sup>th</sup> July onwards, we first went to Cambridge University and did punting in the rain. We went past many famous cities in England including York, Birmingham



Enjoying punting fun on the River Cam in the Cambridge University

and Newcastle. On Saturday 20<sup>th</sup> July, we arrived in Scotland and spent the day in Edinburgh, Glasgow and Stirling. We stayed at the school hostel in the University of Edinburgh for a night.

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In the last week, starting from Monday 22<sup>nd</sup> July, we travelled back to the Lake District in the South of London and got to Windermere, the home of Peter Rabbit, and tried one of the most famous dishes in England, Fish and Chips. We also went to the Old Trafford Stadium in Manchester where a lot of football fans bought their souvenirs and jerseys. In the following days, we visited Oxford University and Bristol University. We went to some renowned shopping outlets like Bicester Village



The Jane Austen Centre in Bath

and Swindon Outlet. In the city of Bath, we went past famous landmarks including the Roman Baths, Bath Abbey, Royal Crescent and Victoria Park. The last place we had gone to before flying back to Hong Kong was the Windsor Castle where we watched the patrol of Royal Troops.

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In conclusion, all the participants found the trip challenging and full of surprises. Not only has our English improved, we also learned how to take care of ourselves and communicate with our course mates. We gained a lot of valuable insights from the trip. Last but not least, we would like to thank Principal Lam for her generous support to our team.

# An Email of Invitation

 Liao Tsz Kwan, Shelly 2A

To: jenny630@gmail.com  
From: maggiechan123@gmail.com  
Subject: Invitation to CNY party

Dear Jenny,

How have you been? I am going to have my examinations soon. What about you? Are you busy? I have a lot of homework every day but I finish it quickly once I arrive home. Do your teachers give you a lot of homework? I hope you are not as busy as I am. I guess you are having final examinations very soon. I am studying every day hoping to get good grades.

If you do not have plans for Chinese New Year, I am writing to invite you to my Chinese New Year party. 2020 is the year of the rat and we can celebrate the New Year together. I am throwing this party because Chinese New Year is a traditional festival and it is one of the most important festivals in Chinese culture. It is a great time for family and friends to gather and express good wishes to each other.

At the party, we will first watch movies and play Monopoly and other board games. At the same time, we can also have some snacks, such as turnip cake and sweet rice cake. Then we will have a warm dinner from 6:30 p.m. to 8:30 p.m. We will serve hot pot for dinner with a lot of seafood and meat. Of course, vegetables and noodles will be provided too. After the hot pot dinner, we will have sweet dumplings in ginger soup as desserts.

Let me tell you the details of the party so that you can schedule it into your plans with your family ahead of time. The party will start at 4:00 p.m. and end at around 10:00 p.m. You can arrive earlier too. The party will be held at my home next Saturday. Clara, Benjamin, John and all their parents have confirmed to come. I hope that you can join us for lots of fun.

I hope to see you at my party so we can have a delightful time together.

Love,  
Maggie



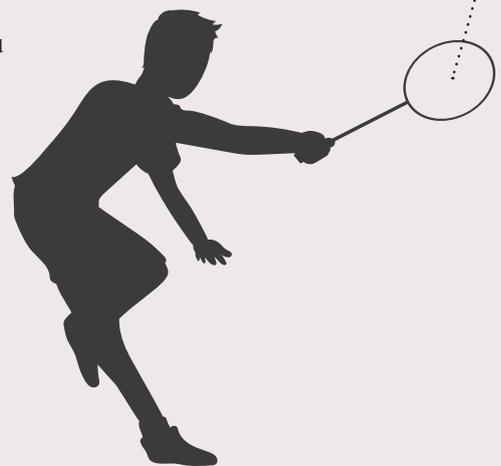
*Tse Wing Sze, Vina 2A*

Good morning, everyone! How are you doing today? My name is Chris Wong. Today, I would like to tell you about 'Sports at Pui Ying.' Feel free to leave comments after reading this blog entry.

Various types of sports can be found at Pui Ying such as basketball, volleyball, frisbee, swimming and many more. Among these, the most popular is volleyball. Students always play volleyball on the playground or in the gymnasium. There is a volleyball team at our school and I am lucky that I have been chosen to be a team member. Our volleyball coach, Miss Wong, conducts the volleyball training with the volleyball team after school every Monday and Wednesday. Sometimes, before the inter-school competitions, we go back to school on Saturdays for extra practice to improve our techniques. All team members enjoy playing volleyball because it is very fun and exciting.

I really want to suggest a new badminton sport team for Pui Ying. I like playing badminton very much and I believe that it is good for our brains. Some researchers say badminton requires the player to make decisions and use coordination, which can produce positive effects.

Setting up a badminton team is only my preference. What do you think? Do you want to have a badminton team at Pui Ying? What kinds of sports do you want to have at school? Please tell me your opinion. I really want to know about what you think.





# **P** My Life at Pui Ying Secondary School

*Chan Ho Tong Simon 2C*

Hello, I am Simon Chan. I study in Form 1C in Pui Ying Secondary School. I live in Chai Wan.

Let me tell you more about my life at my secondary school. I like visiting the Social Worker's Room in my school. There are a lot of board games to play with and snacks to share with my friends. Also, I like eating instant noodles in the school's tuck shop. In recess, I like eating sandwiches. During lunchtime, I sometimes go to the Library to surf the Net.

One of my new friends is Ryan. He has small eyes and a round face. He likes playing basketball and frisbee. He's in the Chess Club. I go there every Monday and Wednesday. My class teachers are Mr Cheung, Miss Ip, and Miss Lim. They are helpful and funny.

I think secondary school is fun. I feel excited at first, but now I have too much homework. I hope I will have good results in exams.

I find my school life enjoyable!





Yip Chi Hei Zeki 3B

One day in Hong Kong, John found a spoon.

When he saw the spoon, he thought that the spoon had magic powers but he also thought that this could not be real, so he just used the spoon to eat. However, once he used the spoon to touch the food, the food became bigger and tastier. At the time, John did not realize that he had woken up an evil power named Louis.

After that, John used the spoon to eat lots of things which made Louis very happy because the spoon and the food became bigger with each bite John took.

Suddenly, the news said that a volcano exploded just as John was eating and his spoon was getting hotter. Next, an old man came out and yelled "Don't eat and put down the spoon!"

John was very angry but the old man asked "Do you know why you have lots of food and why it becomes bigger and tastier?" John said that he didn't know. But then the old man explained that when John ate with the spoon, each bit would wake up Louis and make his evil grow bigger. The old man explained that unless Louis was defeated, the biological life on earth would die. After hearing this, John became very scared and asked what he should do.

The old man told John to use the spoon to cut off Louis' head. With those words, the old man turned the spoon into a sword as John stood frozen with an amazed look on his face.

When John's spoon turned into an amazing sword, he saw the evil Louis destroying the streets. John thought, "Now is the time to kill him."

At last, John did what he was told to do and saved the world.



# Visiting an Elderly Centre in Tai Po



Wong Tsz Sing, Jason 3B

## Background

A group of S3 students took part in a Saturday voluntary program organized by Pui Ying Secondary School. The destination was an elderly centre in Tai Po. This was the last activity in the voluntary program. All the students were to put up a variety show for the elderly.

## Preparation

There are 15 S3 students in the programme. We were divided into 5 groups for this activity. Our advisory teacher, Mr. Chan, suggested 5 programmes for the variety show. In each group, students had to cooperate with the elderly to put up some acts or performances on the stage in the dining area at the elderly centre.

Prior to the visit, we went there for site inspection and took pictures there. With the help of the supervisors at the elderly centre, we were able to come up with some activities for the show.

## The Variety Show

The 5 groups of students arrived early at the elderly centre. We all agreed to decorate the dining area with colourful stripes and balloons. Banners with the name of performances were also made by the elderly and the students. We all agreed that the goal of the show was to promote cooperation and happiness.

## Conclusion

All the 5 groups of students and elderly got the ultimate performance award. The glory all went to the elderly who received tremendous claps and cheers. The supervisor at the elderly centre prepared a variety show video clip which was posted on our school website.

It was certainly a meaningful and unforgettable variety show which I will remember when I look back at my school life.



# A Trip to

# AUSTRALIA

*Yiu Cheuk Nam, Brendon 4C*

Last Christmas, I went on a trip with my family to Australia. We went to Australia on Christmas Eve and the trip lasted for one week. Instead of wearing extra clothes during the Hong Kong winter, I decided to take a sip of cold drinks and enjoy the sunshine on beautiful beaches in Australia.

The first stop was the Sydney Tower Eye. The view there was unbelievable and spectacular. I took some photos with my iPhone. I just could not believe what my eyes were seeing. It was a wonderful place.

The next stop was the Rocks Market. I have actually never been to any markets in Hong Kong. As I stepped in the market, the place was just like one of the shopping centres I usually hang around in Hong Kong with tidy stalls, clean places and eye-catching souvenirs. It was “shopping time, everyone!”

The last stop was the Taronga Zoo. I learnt from my relatives living in Sydney that it was a Zoo situated in the city centre. In Hong Kong, the nearest theme park I can go to is the Ocean Park which is not in the city centre. In Taronga Zoo, visitors can enjoy a closer interaction with wild animals such as kangaroos and koala bears.

It was definitely a worthwhile visit to go to Sydney, Australia.



# The **T**ortoise and the **H**are



Law Wan Wing, Vicky 6A

Once upon a time, there was a village where many animals lived. They faced a lot of challenges every single day. An arrogant and selfish hare always called himself “king of the village”. He even forced other animals to treat him as a king although they were unwilling to do so. The hare often bullied and made fun of others. Therefore, all the other animals felt very upset and stressed to be in the same village.

One day, a voice suddenly came out of nowhere and said, ‘I’m the god of the world. I’m here to tell you something significant. I’m going to hold a running race. The winner will get 100 million dollars!’ After the voice faded away, all the animals were shocked as they could not find where the sound came from. Some small scared animals even hid themselves behind the trees.

After listening to this mysterious voice, the hare immediately said that the 100 million dollars must be his as he assumed no one in the village could run faster than him. This made other animals angry. One of the mice weakly said, ‘We all are the villagers here. Everyone can participate in the race. It has to be a fair game.’ The tortoise nodded his head and told everyone, ‘Little mouse is right. Let’s fix a date for the race. I have to prepare myself for it.’ The fox said excitedly that she would be the judge. The date of the race was confirmed to be a week later.

The hare was so confident that he could win. He proudly told everyone, ‘I am the king of the village. I have power. Nobody is able to run faster than me. I will be the winner.’ All the other animals ignored him and left.

The day that everyone had expected for so long finally came. Many animals came to support the competitors, except the hare of course. There were three competitors, the hare, the tortoise and the mouse. The mysterious voice appeared again, ‘Wow! Some of you really want my 100 million dollars. Good luck.’ The fox then announced, ‘It’s a 10km run and a big challenge for all competitors. Whoever reaches the finish line first is the winner. Are all three runners ready? Let’s start. On your mark, get set, go!’

The mouse ran as fast as he could and disappeared from the crowd soon after the race started. The tortoise tried his best but still could not run fast. The hare wanted to make fun of the tortoise and spoke to him, ‘I can reach the finish line shortly but you can’t. I don’t want you to run alone. Let me run with you slowly. I can relax myself at the same time.’ The tortoise replied angrily, ‘Stay away from me.’ The hare responded, ‘Whatever! I’m sure you won’t be able to finish the race in three days.’ The tortoise ignored him and kept running with his fastest speed.

Five hours later, the mouse stopped to take a rest as he hurt one of his legs. He wanted to quit the race but meanwhile the fox passed by and told him not to quit as sportsmanship was very important. The fox suggested the mouse should rest longer instead of quitting the race. The mouse agreed although he knew that he would not be able to win, he still wanted to challenge his own ability. He took a nap for three hours then he planned to start again. He saw that the tortoise was already ahead of him. He thought he must be the last one because the hare had longer legs and he must have



run faster than them. He did not give up and ran with his injured leg.

A day later, the fox saw that the hare was still at the starting point so she asked the hare what had happened. The hare said confidently, 'No rush! I still can win even if I start running tomorrow. I'm very sleepy and I need to sleep now. I'll run when I wake up. I'll prove that I'm the strongest and fastest king of the village.'

The next day, many animals gathered at the finish line to welcome the winner. To their surprise, the first one who reached the ending point was the tortoise and the second one was the mouse. The tortoise and the mouse did not look surprised at all and they did not know that they arrived earlier than the hare until they were told. Both of them were shocked but at the same time they started to feel worried as it seemed impossible that the hare would be behind them.

An hour later, the hare finally arrived. He yelled, 'Yeah! I'm the winner. I get the million dollars.' All other animals laughed and told him that he was the last one. The hare could not believe that until he saw that both the tortoise and the

mouse were already there. He cried sadly. He was asked where he went and he replied that he was sleeping for so long under the tree as he believed that he could win no matter what.

Suddenly, the mysterious voice popped up again, 'The arrogant hare, I hope you have learnt from the race. You should not look down on others. You should be humble and build good relationships with others. Can you think of a friend you have?' The hare remained silent. The voice continued, 'See, you can't. You don't even have a friend to spend time with. You're always alone. If you can be more humble, you will surely have more friends.' The hare agreed that he would change his temper.

100 million dollars came into sight after the voice had faded. The fox took them and passed them to the tortoise. The tortoise said, 'Thanks for all the support. I would like to share the prize with all of you here.' Everybody clapped happily and yelled, 'How generous you are!'

After the race, the hare changed his personality completely. He was very friendly and got along well with everyone in the village.



# Athletes found guilty of taking performance-enhancing drugs should be banned for life



Henry Chan 6A

Dear Editor,

I am writing in response to the article entitled “Athletes who are found guilty of taking performance enhancing drugs should be banned for life” from September 1st, by Peter Lau.

I believe that athletes who take drugs and cheat are bad role models and should be punished severely. A life-long ban is a good deterrent because it can prevent unfair advantages for athletes, and also warn against bad sportsmanship. Athletes should compete with their athletic strengths and skills instead of drugs. If they take drugs like stimulants, it would be unfair to other athletes in competitions and betray the trust of the fans. It will also betray a fundamental value of honest competition.

Next, athletes who take drugs ignore rules and break the laws. Indeed, serious offence deserve serious punishment. The athletes who care about the competition rules will

not take drugs for their performances. The life-long ban can prevent athletes who want to win unscrupulously because of the cash prize or fame from winning the competition. The ban will let them know that taking illegal drugs will break the laws and end their careers.

Finally, athletes who take drugs set a bad example for the children. We should send a strong message to others that drug taking is wrong. If we do not step up supervision, it will happen again.

In conclusion, athletes who are found guilty of taking performance-enhancing drugs should be banned for life. They deserve to be punished for their behaviors.

Yours sincerely,  
Henry Chan



# Teens and their smartphones



Justin Siu 6A

Last week, you met up with some old friends from primary school whom you had not seen for a long time. Throughout the gathering, most of your friends were busy checking their smartphones. Write an article for the school magazine commenting on trends in mobile phone usage among Hong Kong teenagers and how they could put their phones to better use.

Last week, I met up with old friends from primary school. It was supposed to be a fun gathering with lots of chatter, however, most of my friends were busy checking their phones instead of talking with each other. This makes me wonder whether teens nowadays are using their smartphones excessively.

It's only been a little over ten years since the first smartphone was introduced into the market, but its usage has been increasing at an alarming rate. The main contributing factor is the prevalence of social media. Before the smartphone was introduced, computer was the only way to access social media. But thanks to the convenience of smartphones, teens are able to communicate with all of their friends anywhere and anytime. Trends such as selfies and posting memes are especially popular among teens who use social media. This causes many teens to be addicted to checking what their 'friends' are doing on social media which wastes a lot of time that could be put into better use.

Gaming on smartphones is another trend among Hong Kong teens. Gaming has become more accessible after smartphones were introduced. Unlike conventional games, which the players must sit in front of a TV or computer, mobile games can be played without this restriction and thus some teens are addicted to wasting hours and money on games.

Although smartphones are beneficial to our world, if they are used incorrectly, it could cause more harm than good. So to put smartphones into good use, teens should have self-discipline, such as setting a timetable which restricts daily usage on their mobile devices. This can help them establish a sense of time management and reduce the chance of smartphone obsession.

So next time when you are having a meeting, hanging out with friends or your family, don't just look down at your smartphone. Instead, look up and spend more quality time communicating with them. That way you can make the gathering more meaningful and foster better bonding among each other.





# Should I join a Professional Football League Club in England?

Kabe Lam 6A

Dear Tommy,

It is nice to hear from you. I saw your message and understand that it is hard for you to decide whether you should join a professional football league club in England or not. I hope I can give you some helpful advice about it. Don't worry.

First, for your age, secondary education is the most important thing that you need at the moment. I know it is a rare chance for you to join a professional football league club in England but it is not of paramount importance. Your priority should still be put on your study instead. If you do not follow a commonly recognized learning path, you will not be eligible to apply for university education when you are 18 years old. Without a university degree, you may not be able to find a decent job these days. Besides, you said that you agreed with them. So you just need to follow their suggestion and trust that it is the best choice.

Secondly, I know you love football very much and maybe you want to be a football star as your career. Although you cannot join the professional football league in England, you can try to join a local one in your district as an alternative. They have trainings after school and during weekends, so this will not affect

your studies. For example, you can join the Jockey Club Youth Football Training Scheme. This is also a valuable chance for you because they will choose 15 young players to participate in an overseas football training camp in the summer aside from regular trainings. I think you can try your best and believe that if you have good football skills, other professional football leagues will find you at the right time.

Last but not least, instead of feeling sad, make good use of your time by having a balance of both study and football. As you are a secondary student, you should put more time on your study first and play football after school. It is a piece of good advice for you. All you need to do is get yourself sufficient training, be passionate about football and show it to your parents. They will surely respect your decision as long as you can handle both study and football at the same time.

I really hope that my suggestions are useful to help you solve the problem. Just send me an email if you have any further problems. I wish you success in accomplishing your secondary and university education first and becoming a football star in the future.

All the best,  
Kabe



Dear Editor,

I am writing to express my views on a recent article in the Young Post which suggested an 8:00 am start to the school day would make students feel exhausted and sleepy. According to a survey done by a local university, it revealed an inconvenient truth that more than half of Hong Kong students lack sufficient rest time, worse still, nearly 10% of them may suffer from depression because of feelings of extreme exhaustion over a long period of time. In order to reach a fair and realistic solution, let's have an in-depth look into why students feel so tired nowadays.

Why do most of Hong Kong students feel so tired? There is no lack of reasons for such an undesirable phenomenon. First, the tiredness of secondary students results from their parents' high expectations. As an old saying goes, 'to be a scholar is to be the top of the society.' In this way, many parents strongly believe that achieving outstanding academic results is the only way for their children to reach success in the future. Thus, parents schedule different tutorial classes for their children in order to help them excel. Almost all students do not want to disappoint their parents. So, they have no choice but to accept all extra-curricular activities and interest lessons. Hence, they need to spend hours and hours after school to learn different things. If they do so every single day, how is it possible to not feel exhausted?

Apart from the parents' expectations, academic pressure is another reason that makes students tired. As far as most senior secondary school students are concerned, the most significant thing they need to do is to prepare for the HKDSE as

Hong Kong is an examination-oriented city. They know very clear if they fail the exam, they must lose the ticket to university admission. Ultimately, they will have no choice but to take a career path which is far from their satisfaction. It seems to be a universal truth in Hong Kong that stress and pressure on students' shoulders is heavy and inevitable. For these reasons, the majority of students feel mentally and physically tired.

The solution to the problem above is simple. A 9:00 am start should be introduced as soon as possible in order to give more time and space for students to relax and rest before any tragedies are caused. Once the suggestion is taken, there will be no need for students to wake up so early every day. True, our future pillars can have one more hour to rest, which according to the report from World Health Organisation makes teenagers more refreshed and energetic to face the school day.

More importantly, by postponing the start of school day, students could have more space to further develop their real interests and have more enjoyment. It is widely acknowledged that students can learn more efficiently if they have positive mindsets. Thus, in the end, not only the students, but also the whole society will be greatly benefited under this policy.

It is a high time for Hong Kong students to be empowered with the right education policy. I firmly believe that starting the school day at 9:00 am can be a panacea to this undesirable phenomena.

Yours faithfully,  
Li Yui To



Kathy Chan 6A

Good morning everyone,

I am here to talk to you about a charity that I work for, what I do for the charity, the importance of supporting a charity and what I have learnt by supporting this charity.

The local charity I support is the Society for Community Organisation, which was formed in 1972 to promote equal treatment for ordinary people struggling with money, poor living conditions and social discrimination. The society also provides assistance to mentally ill patients, ethnic minorities, immigrant families, Hong Kong residents detained in China and the homeless.

I volunteer on weekends as a volunteer to provide support services for this grassroots organisation. The activity has three aims: to promote equality for all, advocate for civil rights and to practice justice. Every weekend, I go to the Institutional Centre and I discuss and promote civil rights work and develop related work plans. It is hard work but it is very meaningful, as I can help people in need. Thanks to this valuable opportunity, I now have more experience in helping others.

I believe that it is very important for everyone to support at least one charity in their lives as they do not have enough resources and they need our help. They rely on help from both the government and society. By supporting a charity through volunteer work, you are doing something worthwhile for your community. If you prefer to support other charities, there are many other charities that

care for people in need in our community and you can certainly contribute to those as well. For example, you could raise funds for the Society for Community Organisation (SoCO) in Sham Shui Po, or work with World Vision Hong Kong. Actually, many of these charities can't survive without your support. Financial help is important but there are other ways you can assist. All you have to do is to donate your time and energy to promote their development as part of our civil responsibilities. But if we turn our backs on the charities in need, no one will help us when we need help. One day, it could be ourselves or our neighbours that need help.

Since being involved with the SoCO, I have learned not only ways of helping those in need and also getting along with others by broadening my horizons. For example, visiting and sending supplies to the underprivileged living in cage homes or cubicle apartments.

I believe we should all do our bit and support one charity in our lives. I recommend you start off in the neighbourhood. You may be surprised to find that there are other charities that need our help. Charity work can often be meaningful and offer happiness to givers. I learnt so much on my voluntary work at the SoCO as time flew by! Taking care of the needy really takes time, effort and a passionate heart. Perhaps like me, you'll soon be giving back to society. Why not find a local charity of your own and volunteer – today?

Thank you.

# Blog Entry about Favourite Teacher and Best Friend



Ma Wai Lok 1A

I go to Pui Ying Secondary School. My school looks spacious and big. In my school building, besides classrooms, there are many special rooms such as the English Learning Centre, school Gym, Library and Visual Arts Room. I especially like to go to the Library because I can borrow some fascinating novels there.

My favourite subject is English Language. Miss Lim teaches me English. She always gives me advice on how to express my ideas in writing. Also, I like my PE teacher because she is very good at sports. She teaches me how to play different ball games for sports day.

Tom is my best friend. He plays computer games well. He is also very smart as he is good at English. Therefore, he always teaches me how to do my English assignments.

My feeling towards my school is positive. I find that I have a good start in this school. I like my teachers, classmates and the activities organized by my school. I feel my new secondary school life is always enjoyable.



Jamie was enjoying his stay with his Thai friends, Hugo and Bosco, in Chiang Mai last summer. His friends suggested going to a local restaurant. Jamie was very excited.

The restaurant was very famous. However, it looked very casual with not much decoration. What made this restaurant stand out was the long queue outside. They had waited for a long time before getting a table. When they finally settled, Jamie was shocked by the wide variety of options on the menu. 'I can't choose. They all look tasty,' Jamie said. 'I can recommend some for you if you don't mind of course,' one of his friends said to Jamie. 'Sure! That's great!' Jamie replied.

Jamie was very excited about the dishes. However, he noticed something strange. Both of his friends had already got their food, but he was still waiting for his food. Although Jamie was hungry, he didn't want to bother anyone, so he just waited while looking at his friends eating, which made him even hungrier. After fifteen minutes, his food was still not ready. What peeved him most was that his friends had already finished their meals, but he was still just sitting there. When he was almost about to call a waiter to see what had happened with his order, the dish finally arrived. Unfortunately, it wasn't what Jamie's friend had ordered for him. They got the order wrong.

Jamie was very angry and told the waiter about what had happened. The waiter got mad and said, 'if you don't want to wait any longer, just eat this.' Jamie couldn't stand it anymore, so he looked for the manager.



Cheng Yiu Long 3A

The manager tried his best to calm Jamie down. He was nice and immediately told the chef to prepare the food for him. What's more, all dishes that Jamie and his friends had ordered were free of charge as compensation.

After they finished their meal and left the restaurant, they found that the queue disappeared. The cashier told them that it was because the people who had been waiting saw the whole thing that happened to Jamie. They couldn't stand the attitude of that rude waiter. Therefore, they all left. Jamie and his friends smiled at each other and left. They were sure that they wouldn't come to this restaurant anymore.

# Tourist Attractions in



Lai Hau Yu Gigi 3A

There are many tourist attractions in Hong Kong which are worth visiting. I will recommend three tourist spots for people wanting to visit Hong Kong.

First, I recommend visiting Victoria Peak. You can take a ride on the 100-year-old Peak Tram from Central to the Peak while enjoying the view of Victoria Harbour along the journey. At the Peak, you can overlook the busiest part of Hong Kong. You can appreciate the beauty and prosperity of Hong Kong from different angles. The best time to visit the Peak is at night since it will be more beautiful. The night view is amazing!

The next spot I would recommend to visit is Victoria Harbour. There are many skyscrapers on both sides of the harbour and you can enjoy the wonderful skyline when you take the relaxing trip on Star Ferry to cross the harbour. It is a sight not to be missed!

Finally, I think visiting theme parks is also a must on any itinerary. Ocean Park is a marine animal theme park. There are marine animals like sharks, penguins and jelly fish. There are also some special animals like pandas and parrots. Moreover, there are also exciting drop rides and roller coasters to go on. This is a place where you can learn about nature and experience excitement at the same time!

Hong Kong is the best travel destination!





## Being a Volunteer

Cheung Tsit ue, Cindy 3A

Last Chinese New Year, I participated in a voluntary activity called “Warm-giving Dinner Time.” For this activity, our volunteer team bought some ingredients to cook at the elderly home. We spent almost four hours to prepare twelve dishes. All the recipes were specially designed for the elderly so they are easy to digest and are full of nutrition.

Our team believes that the more we give, the warmer the elderly will feel. After serving the feast we prepared for the elderly, their reaction was amusing. They were satisfied with the gorgeous

food and warm hospitality. We were also satisfied seeing their smiling faces. “Thank you for preparing this Chinese New Year meal for us!” a generous old lady said and smiled. “It is one of the best reunion dinners I have ever had in my life!”

All the sweat and effort we spent was worth it when we saw the elderly having a warm and nice dinner together. We were glad we were able to share our love and show our care for the elderly. This volunteer experience is surely unforgettable; I would definitely take part in more voluntary work in the future.

## Blog Entry about a High Jump Lesson

Atika 1B

A long jump lesson was held in November, 2020. I practised hard every high jump lesson. There were a lot of students doing the high jump.

The most memorable part was the time when we were all practising. It was fun and it went well. There were many students doing the practice. There was a student who was the fastest in the run up, and no matter how hard I tried, I always ran slower than him.

I have learnt to appreciate what I can achieve and



not to get mad if I lose in the long jump lesson. It was still incredibly fun and interesting. It was also a good experience for me. I finally achieved my goal and felt a sense of satisfaction.



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# strange Restaurant

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Liu Po Yi 3B

Jamie was enjoying his stay with his Thai friends in Chiang Mai last summer. His friends suggested going to a local restaurant. Jamie was extremely excited.

Once Jamie sat down, he noticed the Thai decorations around. It was playing some traditional Thai music. On the table, some candles were lit. The atmosphere was nice. Next, the waiter gave Jamie the menu. He read it closely and ordered a seafood platter, fried mixed vegetables, fried rice, salad and juice. After 10 minutes, the food arrived. To my surprise, all the taste was either sour or spicy, so I ate the fruit salad only.



As the food was too spicy, Jamie could not eat any of it. Then, he ordered one more beef noodle soup. His friends, Tom and Terence also wanted some other food. They also asked for two more noodle soup. However, the waiter told them all the noodle soup had already sold out. Tom and Terence felt so disappointed. In the meantime, when Jamie was eating the noodle soup, he found a cockroach in it! Suddenly, he felt stomach pain and felt like vomiting! All the three boys felt so angry that they paid the bill and left the place at once.



They all had an empty stomach so they looked for another restaurant nearby. But it was already 11 pm, many restaurants had closed. Luckily, Tom thought of going to the night market and tried the local food. Then, they set off to the night market.



As soon as the boys arrived at the Market, they found their way in the big crowd. It was like a carnival. All the locals dressed up in Thai traditional dress and kept dancing. Tom rushed to the stalls selling chicken and pork stewbs which looked so mouth-watering. Although it was only a roadside stall, they could see how the food was cooked and they felt safer than the restaurant in the shopping mall. After tasting all the food in the Market, they felt a full stomach with satisfaction.



Although they had a bad experience at the beginning, they had finally got a real taste of the Thai aroma and atmosphere in the Night Market which made them feel the most thrilling and enjoyable stay in Thailand!



## Charity Work

Mother's Choice who are aged 1 to 6 years old have mild to moderate special needs. Not only did I feed the toddlers, I also played games with them and told bedtime stories to them. In this experience, I understood every mother is so great since it is not easy to be a mother. Being a mother is the toughest job but the most rewarding. It's all worth it when the little ones smile and lay their eyes on me.

Good morning Principal, teachers and fellow schoolmates,

I am Cai Jinqi. It is my honor to receive a social service award and have a chance to talk about my charity experience. Have you tried to find out how many homeless children are in the world? Have you ever experienced being homeless? I believe most of you have not thought about these two questions as it is so distant to us, especially in this cosmopolitan city. Indeed, there are many needy folks who are struggling in the city and teenage pregnant girls are the most overlooked group. Now, let me tell you about my volunteering experiences at Mother's Choice, which is a local charity, located in Central.

Since 2018, I have supported Mother's Choice and became a student volunteer. Taking part in voluntary activities once a month, I recently participated in the Charity Walk last Sunday. This activity aimed to raise money for our service and to remind people about the importance of building strong family relationships in our society. I found this walk very meaningful because family bonding is particularly important for our future generations and it also provided a chance for families to spend an afternoon together. I believe it would be a wonderful memory for every participant.

After the Charity Walk, I served as a babysitter at the centre which I think is one of the most difficult jobs in the world. Have you ever imagined how challenging it would be for me? Some children in

According to the statistics, one out of every five children live in poverty, and one out of every three children have no meals in Hong Kong. In 2015, there were nearly 4000 children without family care. What a sad fact, isn't it? If we don't have local charities to help these children, they won't have a safe, caring and desirable home to grow. In the long term, it is a vicious cycle.

Undoubtedly, it is a worrying trend as the number of teenage pregnancies has reached an alarming level. Nearly 7000 cases of unwanted pregnancies each year are among single girls under the age of 25. Why? Lack of adequate sex education should definitely be blamed. Have you ever thought about whether the teenage mothers are really ready and mature enough to take care of the babies around the clock? Therefore, Mother Choice spared no efforts in providing sex education to secondary school students and have taken care of both mothers and babies at the center.

Finally, I would like to encourage all of you to support one local charity, especially Mother's Choice. I believe that every child should have a warm family, every teenage mother should have hope and every secondary school student should receive proper sex education. If you agree with me and want to make the world better, please act now and support the local charity now!

Thank you for listening!



# New Community Project

Cai Xiaoyin 5A



Dear Principal Lee,

On behalf of the Social Service Club, I am writing to propose a new community project that aims at serving the home for the elderly in Wah Fu. This will not only create platforms for students to learn how to serve the community, but will also develop closer links with our neighbors. In this letter, I will explain how the activity could be implemented and the benefits for the elderly home will be identified.

It is widely acknowledged that the life in the elderly home is rarely exciting. Worse still, some of the elders who live there are sadly “abandoned” by their families or are seriously ill. Therefore, they spend their time there because of the professional medical services and care provided. Obviously, they long for love and care which they deserve. I believe we can further showcase to the young generation that the reasons we serve the residents is that they are the ones who built Hong Kong and their contributions should be recognised.

Our Club would like to organise a Chinese Opera performance in the elderly home this Mid-autumn Festival and we reckon the performance will be a huge success. First, we are proud of the Chinese Opera Club at our school and believe it is a platform for our students to showcase their talents. Second, it is not surprising that many of the senior citizens are fans of this Chinese traditional culture. They will enjoy the performance for sure and they will be invited to perform and share their feelings too. All in all, the activity can brighten their lives.

Furthermore, there are many benefits for the elderly home as well. The benefits are not only for the elderly, but also for the elderly home’s caretakers. For caretakers, this project can lighten their workload and provide a higher quality of service eventually. It is a win-win situation. For the elderly, they will surely be happier and bridge the gap between teenagers nowadays.

Thank you for your support to our Club these years and we hope that you will find our proposal to be acceptable. We would appreciate the chance to provide you with more details in person at your earliest convenience. I am looking forward to your reply.

Yours sincerely,  
Cai Xiaoyin  
Chairperson  
Social Service Club



# The Journey to My Dream

Lee Wai Kin GB

Maito Gai said, 'If you don't believe in yourself, you are not worth working hard.'

I love drawing manga very much. Whenever I feel bored and sad, I draw manga. Whenever I am too tired of studying, drawing manga helps me create a more relaxed state of mind. Whenever I face difficulties, I will draw my favourite manga. Drawing manga is not only my pastime, but also my soulmate.

I have benefited a lot both intellectually and spiritually through drawing manga. On one hand, drawing manga can broaden my horizons. I research a lot about the techniques of drawing manga, so I understand more about its history. On the other hand, through drawing manga, I can polish my manga drawing techniques. For example, light and shadow is one of the drawing techniques that I spend most of the time mastering. After drawing from different angles, I can see the difference between the light coming from different angles. With different angles, the light shines on the object and the shadow of the object changes. After much trial and error, I am confident to create my piece of manga art.

After I mastered the light and shadow drawing technique, I joined different drawing competitions. Through competitions, I understand that persistence is very important. After drawing 50 times, I was finally satisfied with the final piece of drawing. I showed it to my teacher. She encouraged me to enter the CFDC contest. The CFDC contest was organized by the Education University of Hong Kong. I got a merit from the competition. Although I just got a merit, the competition meant a lot to me. It is because it was my first prize from a drawing competition. I have learnt that I must practise more persistently in order to be successful.

Moreover, when I draw, I feel calm. It is because I feel like I am in another world when I am drawing. In the drawing world, I am calm and I can draw anything I want. I have strengthened my patience and temper by drawing manga. Whenever I feel upset or angry, I just take out my drawing equipment. I simply start drawing to calm myself down. Being patient and calm is something that I cannot learn from the books.

Finally, I know persistence and patience are keys to success. Studying in university is challenging, but I believe that I can handle it with my persistent and patient characteristics. I hope that I can be one of the candidates you find suitable for your university.



# A Christmas Carol

Sunny He Chuqing 5A

In the beginning, this story talks about Scrooge and his former partner Jacob Marley who is now a ghost that comes to warn Scrooge that he must change his personality.

Marley warns Scrooge that he will be visited by three ghosts that represent Christmas past, present and future.

The first ghost shows Scrooge's past as a lonely child but with a warm hearted sister. After the first ghostly visit, Scrooge regrets his treatment of his girlfriend and clerk Bob.

Next, the ghost of the present takes Scrooge on visits to see Bob's and his nephew's home. Scrooge sees that Bob's family are having Christmas dinner but it was a poor meal. He also learns that Bob's son Tiny Tim will die since they are poor and cannot afford good food or a doctor. After that, the ghost shows Scrooge his nephew's home while all of the people are laughing about how mean Scrooge is.

In the future, Tiny Tim will die since Scrooge gives Bob a low salary. The future ghost also shows Scrooge that when he dies, nobody will care about him. His workers feel happy. Finally, Scrooge promises that he must change his life for the good and not continue to bad.

After the 3 ghostly visits, Scrooge redeems himself. He is kind to Bob Cratchit and everyone else. For example, Scrooge buys a turkey for Bob's family and increases Bob's salary. He will also go to the Christmas party with his nephew and keep Christmas in his heart. Also he will be kind and helpful to everyone. Before he was an unkind, harsh boss and was a selfish lonely man. Yet, he becomes a helpful, nice and warm man.

I think the author wants to teach the readers about the importance of being kind to people. For example, Scrooge was not kind to his employees, nephew and other people. Even when he dies no one will miss him. It is a terrible life, and nobody will remember him. Moreover, if we are kind to everyone, we will get the respect and care in return. Finally, if everyone helps each other with kindness, the world will be warm.

Martin Luther King Jr. was a Baptist minister and civil-rights activist who had a seismic impact on race relations in the United States beginning in the mid-1950s. As a black man at that time in the USA, he was experiencing unfair treatment. I would like to introduce him because he is my idol. He was a great person because he spent his whole life fighting against racial discrimination. I think that not many people can do this.



## Martin Luther King: Biography

Among his many efforts, Martin Luther King headed the Southern Christian leadership conference. Through his activism and inspirational speeches, he played a pivotal role in ending the legal segregation of African-American citizens in the United States. Also, King won the Nobel Peace Prize in 1964 among several other honours. He continues to be remembered as one of the most influential and inspirational African-American leaders in history. He did many important things in his life. He brought publicity to major civil right efforts, contributed in founding the African-American Civil Rights Movement and fought against segregation and poverty in America.

When he was a child, he faced bullying and racism, so he aspired to let more people focus on the philosophy of racial equality, which was hitherto proposed by President Lincoln. During King's time, there were about 14 percent of black men. That's why King had many followers when he initiated demonstrations for civil rights. As a result of his efforts, King influenced the American government to attach more importance to racism problems.

King's influence on me is that I learn to focus on love not hate. He chose the way of non-violence in his struggle for equal rights. Responding with love keeps the door open for further communication and a basis for resolution without hurting one's ego. Conversely, choosing a violent way makes it harder for you to reconcile with your opponents once the battle is over. When his opponents used brute force, he chose the way of love and non-violence and eventually won over people's hearts which led to long-term change.

Also, he let me know that everyone needs a dream. Martin said that "The dream may not be fulfilled, but it's just good that you have a desire to bring it into reality. It's well that it's in thine heart." Targets are important to us, what is a life worth if you don't have dreams and don't try to realize those dreams? You are the sole owner of your life. No one else can decide what your life should be and what you should do for you. Dare to dream. Take action to make those dreams a reality.

# Letter

# A of dvice

Chan Yee Ki 5A

overcome new challenges. Hence, I see your injury as an opportunity to explore other ways of finding meaning in your life!

Actually, if I were you, I would definitely join the Social Service Club in our school to contribute to the community. In this club, you can do a wide range of charity activities such as flag selling and running a second-hand stall to raise money for the underprivileged. You can join the elderly home visit to let the seniors feel some love and joy from your special care. Undoubtedly, doing voluntary work is not as exciting as playing basketball; however, it can bring countless positive impacts to the needy who think they have been abandoned for a long time. We should never underestimate our power and influence on society while we can learn so much from the textbooks. I know you feel frustrated that you can no longer fight for the glory and reputation of our school. However, while you serve the community with your true heart, our school must be so proud to have a student like you!

Also, I know you're a bit unmotivated these days because your talent in playing basketball has been wasted due to the injury. However, you might not know that you do have some other talents. As I remember, you do really well in Visual Arts lessons and Miss Wong, the Visual Arts teacher, always says you are the student with the greatest potential. Why don't you talk to Miss Wong for advice and join some activities related to Visual Arts? I believe you may find that pursuing arts maybe another way to develop your passion and interests.

All in all, I just want to see that cheerful smile on your face as you spend your time wisely! I hope my suggestions are useful for you! Ring me up if you need me!

Cheers,  
Mary

Dear Chris,

How are you lately? I know you were injured and can't join the school basketball team anymore. I understand your passion for basketball and I feel so sorry about your loss. Indeed, there are still a lot of choices and valuable things in our lives and I'm going to share some suggestions with you.

Chris, I know you're an excellent basketball player who has spent so much time on developing skills and team spirit with your teammates; you did really well! However, we all need to admit the truth that our personal health is more important than our personal interests. With a strong body and will power, we can achieve higher goals and

# A Friendly Email

Hui Kwan Ming, Jeremy 5B

Hi Jasper!

Last summer holiday, I went to Hong Kong Coliseum to watch Sammi's concert. When I was ready to go into the concert hall, I felt so excited and happy because I couldn't wait to listen to Sammi's singing. She sings very beautifully.

In the middle of the concert, a naughty boy took photos of her in the front row. When Sammi found out that the naughty boy was taking photos of her, she felt so angry. Then, Sammi spoke loudly to the naughty boy, 'Don't take photos!' At that moment, everyone was shocked. The boy put away the camera. Then, the show went on.

After this incident, it reminded me of one thing I learned in my IT lesson. My IT teacher told me about copyright issues.

The boy recorded the singer's live concert and shared them online. It violates the copyright of the artists in the concert. We can't ignore copyright issues. It is because it is illegal and not polite to the performers. Also, it is not fair to the fans who bought expensive tickets to watch the live concert.

Therefore, I think the boy's attitude was not good. He didn't care about others' feelings. His behavior was selfish. I hope the boy will change his behavior after learning a lesson from this incident.

Besides, I think the singer, Sammi, deserves respect, applause and support. She spent a lot of time on preparing for the concert which was great. I think her stance reminds us of asking for the permission before taking the photos and recording the show. If someone uses my image without my permission, I will feel very offended.

What do you think about this issue?  
Write soon when you've got time.

Best wishes,  
Jeremy



# Overseas Students' Visit to Hong Kong



Yung Wai Hin Ricky 4A

spot. Over there, they saw a lot of funny things for shopping. There are different toys, clothes and souvenirs. We spent the afternoon there. The Japanese students also tried some special street food in Mong Kok area. They tried many different kinds of street food, such as fish balls and egg tarts.

After visiting the Lady's Market in Mong Kok, I took them to Pui Ying Secondary School. They had some trial lessons, such as PE lessons and Home Economics lessons. During the PE lesson, our PE teacher taught them how to play volleyball. Then, our school team had a friendly match with them. They had fun. Then, they stayed at our school dormitory for 2 days to enjoy the school life in Hong Kong.

A day before the Japanese students left Hong Kong, I took them to the Big Buddha on Lantau Island. We all climbed up over 200 steps on the long staircase to reach the top of the Buddha. Also, we took pictures with the Japanese students at the top of the stairs. We had so much fun on that day. Students had a vegetarian meal at the temple.

The last day, all Japanese students were busy packing their luggage. They took a lot of photos with our students and teachers. They told me that they could not forget Ricky, who is very talkative, in 3A. Finally, I saw them off at the departure hall. It was the most unforgettable week for me!



Last week, a group of students from Japan visited our school and stayed in Hong Kong. Let me tell you what they have done in Hong Kong!

On the first day, they arrived in Hong Kong by plane. I went to the Hong Kong International Airport to wait for them. After a few minutes, I saw a group of students. They were so cute. Their teacher told me to wait for another minute because they wanted to take a photo with the banner at the arrival hall. When I was taking the photo, I saw that they were all having a big smile on their faces. Then, we left the airport with the coach. It only took us 30 minutes to arrive at the hotel. After arriving at the hotel, they took a rest. Then, I took them to have some Chinese food at night.

The next day, we went to Hong Kong Disneyland. They were so excited. They got on the thrill rides and enjoyed so much. Apart from the thrilling rides, they also took photos with the cartoon characters. They all had fun at Disneyland.

On the third day, we went to a shopping mall. They told me that the shopping mall was very big. They also bought some clothes and toys. Also, we went to Lady's Market. It is a very famous tourist

# Messy Home

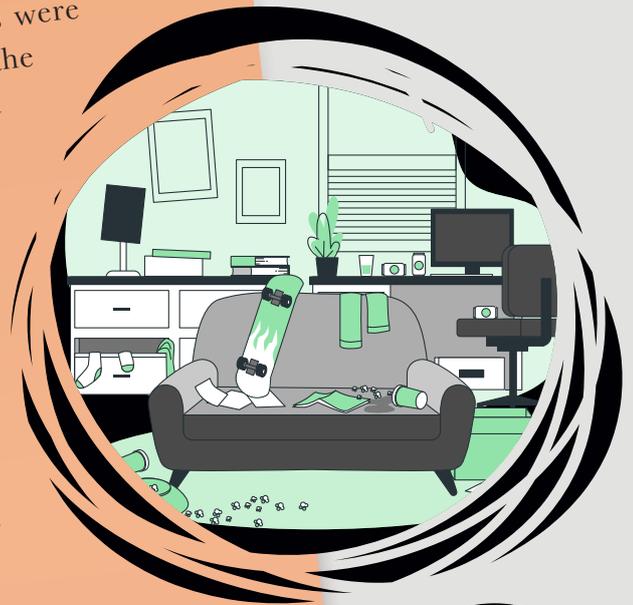
MO HON LUNG 3B

Eddie was a careless boy. One day, he went home after school. When he opened his door, he found his home in a mess.

To his surprise, in the living room, the lights were broken and all the windows were opened. In the kitchen, all the dishes were broken and thrown on the floor. In his parent's room, the safe was forced open. The money and jewelry were gone. A lot of trash paper was everywhere. Water was running from the tap in the bathroom.

Eddie was in a panic! He was out of breath at that moment. He thought, "How strange! My door was locked!" He felt so desperate that he could only call his mother at once.

After ten minutes, the police came. Eddie's mother also arrived. The police asked Eddie to make a statement of what he had seen at the scene. They also questioned him why there was a mess. Eddie felt ashamed. Actually, he hurried to school and did not lock the door this morning!





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